WILVAKEN Inc

CLOTHING LIST

*The following is a **suggested** list of clothing and miscellaneous items, intended as a guide for a four-week stay at **WILVAKEN** all to be packed in* ***hockey or duffle bags*** **- NO suitcases, footlockers, or boxes please.**

We suggest that you and your child mark down the number of each item brought to camp. This form can be used as a reference at the end of the session when your child packs. Remember pack old things. No need to buy everything new.

PLEASE LABEL EVERYTHING!

CLOTHING:

- ◊ 10 T-shirts ____
- ◊ 1 or 2 sweatshirts ____
- ◊ 2 or 3 long sleeved shirts ____
- ◊ 1 or 2 sweaters ____
- ◊ 1 jacket or wind breaker ____
- ◊ 1 raincoat/jacket with hood and pants (no ponchos)____
- ◊ 4 pairs of shorts ____
- ◊ 4 pairs - slacks, jeans or sweatpants ____
- ◊ 1 sun hat (for those sunny days!) ____
- ◊ 3 swimsuits ____
- ◊ 2 pairs of pyjamas ____
- ◊ 1 bathrobe (optional) ____
- ◊ **Lots** of underwear ____
- ◊ **Lots** of socks (1pr wool or smart wool socks optional) ____
- ◊ Dressy clothes for dances and banquet ____

FOOTGEAR: 2 or 3 pairs of shoes -

- ◊ 1 pair of good walking shoes ____
- ◊ 2 or 3 pairs of running shoes (tennis) ____
- ◊ 1 pair of beach shoes for sailing/windsurfing ____
- ◊ 1 pair rubber boots or duckies ____
- ◊ *1 pair boots or shoes **with heels** if taking riding (optional)*

GENERAL:

- ◊ 1 sleeping bag (lightweight, synthetic fill, quick drying)___
- ◊ 1 blanket (optional) ____
- ◊ 2 pillow cases ____
- ◊ 1 pillow **(obtain at camp for those coming by plane)** ____
- ◊ 2 sheets ____
- ◊ 2 laundry bags ____
- ◊ 3 - 5 towels including beach towel ____
- ◊ 1 small vinyl groundsheet (optional) ____
- ◊ 1 flash light with batteries ____
- ◊ **MEDICAL CARD (Quebec/Ontario Residents)** ___
- ◊ **PFD/Life jacket (obtain at camp for those coming by plane)** ____
- ◊ **Cutlery kit** (knife, fork, spoon) for camping - optional____

- ◊ **FLIP FLOPS OR SANDALS** ARE **NOT** RECOMMENDED DUE TO THE TERRAIN BUT MAY BE WORN TO THE BEACH
- ◊ **Toilet articles** - facecloths, deodorant, toothbrush, toothpaste, shampoo, soap, brush or comb – **Please use environmentally friendly soaps and shampoos i.e. Biodegradable (glycerine based and phosphate free) and unscented.** Perfumed products attract mosquitoes. Using these will help to preserve the Lake Lovering waters and the environment. This awareness is part of the Wilvaken experience.
- ◊ Kleenex , sunscreen (SPF 30), mosquito repellent **(no aerosol please),** sanitary needs and any other things your child might normally use
- ◊ **Miscellaneous optional items:-** * tennis racquet * fishing tackle * camera * musical instruments * skin diving equipment * *backpack * hangers * (**hangers are not provided) * water bottle** for use in and out of camp * stationary (pre-addressed envelopes) * costumes leftover from Halloween or school plays * books * games (not electronic) *
- ◊ **May be purchased at the *Wilvaken* camp store** *notepaper- pen/pencil * envelopes * stamps * disposable camera * tennis balls * Wilvaken Nalgene style water bottle * Wilvaken clothing * Cutlery kit * - Please note no cash required.
- ◊ **Canoe or hiking gear list**, please refer to **Tripping Gear List** on the web site.

PLEASE NOTE:

- **<u>PFD OR LIFEJACKET IS REQUIRED</u> FOR BOATING, CANOEING, SAILING AND BOARDSAILING. IT SHOULD BE WELL IDENTIFIED WITH AN INDELIBLE PEN OR NAME TAPE (some available for those coming by plane though not enough for all campers)**
- **ALL CLOTHING SHOULD BE WELL MARKED WITH NAME TAPES OR INDELIBLE PEN** (Name order forms are sent in our mailing)
- **ALL PERSONAL ITEMS SHOULD BE MARKED** (camera, tennis racquet, Cds, musical instruments etc.)
- **PLEASE <u>DO NOT</u> BRING VALUABLE JEWELLERY, MONEY, GAME BOYS, CELLULAR PHONES, GHETTO BLASTERS, HAIR BLOWERS OR STRAIGHTENERS TO CAMP. Personal CD/MP3 players may be used in the cabins only. Wilvaken** is not responsible for lost or damaged personal articles, nor for any money which is not left in safekeeping at our office.
- **WEEKLY LAUNDRY SERVICE IS AVAILABLE FOR THOSE WHO WISH TO USE IT AT EXTRA CHARGE.**
  N.B. - It takes 3-4 days for laundry to be returned.