

# Tripping Gear List For Wilvaken

For those of you who wish to go on a Wilvaken canoe or hiking trip – The list below gives you an idea what is needed to make your trip more enjoyable and easier to organise yourself. Use it along with the general clothing list. Most campers going on these trips are ages 12 - 15  
The trip organiser will give the campers a final list when preparing to go on a trip.

- ✓ **Sleeping bag** - Synthetic fibre-filled bags are warm, quick-drying, lightweight, and can be packed into small stuff bags. A three season bag is sufficient. **Huge flannel lined sleeping bags do not dry quickly and they do not fit into packs, please do not send them. We strongly suggest synthetic sleeping bags.**
- ✓ **PFD vest style** - government approved
- ✓ **Dry bag for canoe tripping (20L)** – These are those strong rubber/vinyl waterproof bags for packing sleeping bags and personal clothes into when going on canoe trips. They are in no way mandatory, but we recommend them. Without one, **your clothes must be put in a stuff sack and we issue garbage bags for waterproofing.** But no doubt about it, dry bags are great.
- ✓ **Stuff sack for those that do not have a dry bag.** These are the type of bags that sleeping bags are stuffed into. So you need one for your sleeping bag and one for your clothes.
- ✓ **Backpack for hiking (optional)** – we have some but they do not always fit the camper properly.
- ✓ **Water bottle – nalgene style** – available at Wilvaken store
- ✓ **Cutlery kit (optional)** – available at any camping store or Canadian Tire and at the Wilvaken store.
- ✓ **2pr wool or smart wool socks** - on canoe trips out-of-camp where feet can get wet, we recommend wool socks or “smart wool”. For in camp activity, cotton is just fine.
- ✓ **1 pr of pants – quick drying, zip off legs optional – no sweat pants or jeans**
- ✓ **2 T-shirts** – fast drying - not 100% cotton
- ✓ **1 Sweater** – fleece or wool - not 100% cotton
- ✓ **Rain gear – sturdy nylon or polypropylene coated nylon** - Good seams are critical. (A two piece set, separate jacket and pants is highly recommended). **No ponchos.**
- ✓ **FootGear – for hiking** – good sturdy hiking or running shoes
  - 1 pair sports sandals or sneakers to wear at the camp site
  - for canoeing** – 1 pair sturdy running shoes to be kept DRY
  - 1 pair sports sandals or sneakers that will get WET
- ◇ - Footwear will get wet and muddy. Old ragged shoes do not offer sufficient support.
- ✓ **Hat**
- ✓ Groundsheet – small vinyl sheet
- ✓ 1 caribiner (optional) to carry water bottle

**Please Label All Items**

