



Bronze Medallion / Bronze Cross – A Two Week Swim Course

This year we will be offering a **Bronze Medallion or Cross** swim program for campers ages **13 to 15/16**. As a pre-requisite, any camper who wishes to take the Medallion program must have completed their Red Cross Swim level 10 or Aquaquest 12. A photocopy of that level received must be sent to the camp upon registering or when the level has been completed. For those wishing to take the Cross program, they must have completed the Medallion previously.

As this is a serious swim course, campers who sign up must understand that they will have 2 hours of swimming daily and one hour of theory during the first three periods in the morning. They will not have the opportunity to go on a prolonged canoe or hiking trip during the period for which they have signed up for. There will be a swim and written test at the end of the course. The afternoons will be free choice, so the camper can join in any of the regular activities offered then. **This program will be a two week session given at the beginning of each month. Campers may sign up for this program even if they are coming for 4 weeks or more.**

There will be no charge for the course but there is a text book and mask which you must purchase from the Royal Life Saving Society, the medallion and an exam fee. We will order these once we know how many people have signed up and deduct the amount from your personal expenses.

This is a great opportunity for all campers as it is the first step in becoming a lifeguard. Upon completing the Medallion course, the campers may take the Bronze Cross and at age 16 may take the National Life Guarding course – given at swimming pools near you.

If in the future the camper wishes to do our CIT program at Wilvaken, then as a minimum he/she must have the Bronze Medallion as a pre-requisite.

We would like parents and campers to understand that if this is agreed upon, then the camper must know and agree to take this course to completion unless the instructor feels that the camper is not strong enough. **We will need a minimum of 6 campers to run this program** during a camp session.

----- ✂ ----- ✂ -----
Please complete below for Bronze Medallion or Cross Course and send in with your photocopy of the completed Red Cross Swim Level 10 or Aquaquest 12 or the Bronze Medallion card

I _____ wish to sign up for the
PLEASE PRINT CAMPER NAME

Please circle Bronze Medallion Bronze Cross

course given at Camp Wilvaken from

Session J-1 (weeks 1 + 2)

Session A-1 (weeks 5+6)

We acknowledge that the Bronze Medallion / Cross program will take place **every morning for three (3) hours and that it will include swimming and theory lessons**. The camper also **agrees to study for the exam** that will be held at the end of the 2 weeks.

The camper and parents understand that there will *not* be the opportunity to participate in extended canoe or hiking trips during the course.

We acknowledge that Wilvaken will purchase the text book for this course unless otherwise notified. The certificate will be mailed upon successful completion of the course.

Camper's signature

Parent's/Tutor's signature

Date

Please send to **WILVAKEN INC:**
before June 15th: P.O. Box 741 Hudson Heights, QC J0P 1J0 Tel: (450)458-5051
after June 15th: 241 ch. Willis Magog QC J1X 3W2 — Tel: (819)843-5353
e-mail: wilvaken@wilvaken.com — web site: www.wilvaken.com
ACCREDITED MEMBER - QUEBEC and ONTARIO CAMPING ASSOCIATIONS